

Dementia Training; 3-Part Webinar Series

November 30th, December 7th, 14th

1:00—3:00 pm

****Registration Fees Cover All 3 Sessions - Each Session will be Recorded if you cannot attend the Live Session.****

November 30th: Explore our Humanness - Discover how the "connections we make" and the "way we support" can be enhanced by simply understanding our humanness.

- How we see each other affects the connection we have and our ability to work as a Care Team. What do we see? What value do they hold?
- Personality types and what make us different and the connections more complicated.
- How the stories we tell ourselves impact the care we give.

December 7th: Dementia...Connecting to What I Have Left - We spend a lot of time fighting against the things I have lost as a person living with Dementia. Imagine what would happen if we connect to what I have left?

- Why are we getting the responses we are getting.
- What we are not understanding about how People living with Dementia take in the world around them
- Tools to help our families connect when our people seem the least connectable.

December 14th: Building Better Working Relationships with our Families - Family Caregivers rely on your support to bring clarity when things are foggy and guidance when things are uncertain. There is a lot of things your Caregivers are experiencing that you have the ability to put some context around. As a care partner myself, I can tell you that once we understand "why" we are feeling the way we do, we can accept, adjust and move on. This is part of caring for ourselves in the moment. This experience will help you understand the families you support and how to best help them through their journeys. What is happening when they are pushing back? Why can't they hear us? How we help matters... Come get fresh ideas and new techniques to support our families in the moment... It's the moments that add up to be stories...

- How we see each other affects the connection we have and our ability to work as a Care Team. What do we see? What value do they hold?
- Different kinds of families require different kinds of support. who are they and how do we help them. What is there journey like and what lens do we need to use to best support them.
- Trust building, it's one interaction at a time.

Presenter: Krisie Barron, LSW, Caregiver Specialist , Certified Caregiver Consultant

Continuing Education: Clock Hours: 6 CEU's: .6 Contact Hours: 6.0

This workshop is designed to meet the continuing education requirements for the MN Board of Nursing & MN Board of Social Work. It is the responsibility of the attendee to determine whether these activities meet the current criteria for continuing education. Application has been made to MN BENHA.

Registration Fees—Flat Rate for All 3 Sessions

Medi-Sota Members: \$50

Non-Medi-Sota Members: \$100

Register on the Medi-Sota Website at: <https://medi-sota.org/main/index.php/education/workshop-calendar/event/334-dementia-care-training-webinars-series-3-session>. Prior to the program, you will receive an email with any additional course information.

Registration Deadline: November 27, 2020 by 5 pm ensures all registrants will receive course information & any materials in a timely manner.

If you should have any questions or do not receive a confirmation email, contact Jennifer Johnson at education@medi-sota.org

Medi-Sota, Serving Rural Health Care

Cancellations must be made no later than 10 business days prior to the start of the course. The full course fee will be charged if cancellation is made in less than 10 business days. Full refunds will be given for all classes cancelled by Medi-Sota. Registration is transferable to another person.