

CALM

Counseling on Access to Lethal Means

April 18, 2024

12:00 - 3:30 pm

Webinar

Description

Reducing access to lethal means, such as firearms and medication, can determine whether a person at risk for suicide lives or dies. This online course focuses on how to reduce access to the methods people use to kill themselves. It covers how to: (1) identify people who could benefit from lethal means counseling, (2) ask about their access to lethal methods, and (3) work with them-and their families-to reduce access. You will be expected to role play coaching others on Reducing Access to Lethal Means.

Key Learning Objectives:

- Explain that reducing access to lethal means is an evidence- based strategy for suicide prevention.
- Explain how reducing access to lethal means can prevent suicide.
- Identify clients for whom lethal means counseling is appropriate.
- Describe strategies for raising the topic of lethal means, and feel more comfortable and competent applying these strategies with clients.
- Advise clients on specific off-site and in-home secure storage options for firearms and strategies to limit access to dangerous medications.
- Work with your clients and their families to develop a specific plan to reduce access to lethal means and follow up on the plan over time.

Who Should Attend: Healthcare and Mental Health Professionals This course is primarily designed for mental health professionals such as social service professionals and health care providers: case manager, nurse, ARHMS, social worker, CTSS, RN, LPN, MD, and licensed therapist.

Instructor: David Goehl-Manolis, Suicide Prevention Coordinator & Danielle Thornton, Community Health Education Coordinator, MN NAMI

Continuing Education: Contact Hours: 3.5

Application being made to MN Board of Nursing and MN Board of Social Work. It is the responsibility of the attendee to determine whether these activities meet the current criteria for continuing education.

Registration Fees

Medi-Sota Members: FREE

Non-Medi-Sota Members: \$50/Person

Register [HERE](#)

Class Size is Limited. Live Only Session—Recording is Not Available

Prior to the program, you will receive an email with course connection & materials. Registration Deadline: April 17, 2024 by 5 pm this ensures all registrants will receive course information & any materials in a timely manner.

If you should have any questions, contact
Jennifer Gearman at 320-769-2269 or at jgearman@medi-sota.org

Medi-Sota, Serving Rural Health

Cancellations must be made no later than 10 business days prior to the start of the course. The full course fee will be charged if cancellation is made in less than 10 business days. Full refunds will be given for all classes cancelled by Medi-Sota. Registration is transferable to another person.